

Wellness Practitioner

Contact Information

Services:

Massage / Bodywork: Micki Meredith, Lake Perry, Geni Quartaroli

Ayurvedic Health Counseling: Kimberly Millard

Crystal Bowl Sound Healing: Kimberly Millard

Yoga Therapy: Kimberly Millard

Private Yoga: Gloria Baraquio, Erica Martzen

Spiritual Counseling: Gloria Baraquio, Erica Martzen

Private Meditation: Gloria Baraquio, Erica Martzen, George Wiegand

Kum Nye: Carmen Ojeda, Andi Egle

Health and Wellness Coaching: Erica Martzen

Practitioners:

Micki Meredith

Contact: 707-847-3332, mickimsm@gmail.com

Services: Massage Blend, Prenatal Massage

Lake Perry

Contact: 707-847-3603, ladyloquat@gmail.com

Services: Massage Blend, Prenatal Massage

Kimberly Millard

Contact: 805-708-1404 studio@kimberlymillard.com

Services: Ayurvedic Health Counseling, Crystal Bowl Sound Healing, Yoga Therapy

Gloria Baraquio

Contact: 808-230-0618, gloria@gloloveyoga.com

Website: gloloveyoga.com

Services: Spiritual Counseling, Private Meditation/Mantra, Private Yoga

****Available remotely and sometimes in person at RL****

Erica Martzen

Contact: 423-432-0140, erica@bijawell.com

Website: bijawell.com

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Contact Information

Services: Spiritual Counseling, Health and Wellness Coaching, Private Yoga, Private Meditation

****Available remotely****

Geni Quaratoli -

Contact:

Services: Craniosacral Therapy, Massage Blend

Andi Egle - Linda will contact

Contact:

Services: Private Kum Nye

Carmen Ojeda - Linda will contact

Contact:

Services: Private Kum Nye

George Wiegand -

Contact: georgewiegand@hotmail.com

Services: Private Meditation