



RATNA LING

Retreats for Mind, Body & Spirit

Wellness Practitioners

Micki Meredith
Massage Blend
Prenatal Massage
707.847.3332
mickism@gmail.com

Lake Perry
Massage Blend
Prenatal Massage
707.847.3603
ladyloquat@gmail.com

Geni Quaratoli
Massage Blend
Craniosacral Therapy
707.847.3157
geni@optwell.us

Kimberly Millard
Ayurvedic Health Counseling
Crystal Bowl Sound Healing
Yoga Therapy
805.708.1404
studio@kimberlymillard.com

Anette Koegler
Rosen Method Bodywork
707. 234.9992
Website:
Fullybeing-bodywork.com
fullybeingbodywork@gmail.com

Erica Martzen⁺
Spiritual Counseling
Health & Wellness Coaching
Private Yoga & Meditation
423.432.0140
erica@bijawell.com
bijawell.com

Andi Egle or Carmen Ojeda
Private Kum Nye
510.809.4995
reservations@ratnaling.org

Gloria Baraquio*
Spiritual Counseling
Private Meditation/Mantra
Private Yoga
808.230.0618
gloria@gloloveyoga.com
gloloveyoga.com

George Wiegand
Private Meditation
510.809.4995
reservations@ratnaling.org

* Available remotely and sometimes in person at RL

+ Available remotely